



### SERENITY REDEFINED

Nestled among sapphire waters and sugar-white sands, this luxury haven offers bespoke wellness rituals, tailored holistic therapies, and curated experiences in haute-style surroundings, elevating restoration to an art form.

### SIGNATURE TREATMENTS

Elevate your senses with our Signature Treatments, where artistry meets indulgence. Each experience is thoughtfully designed to deliver pure relaxation, radiant beauty, and bespoke care in a sanctuary of elegance.





### VICHY RAIN RITUAL

Immerse yourself in a transformative hydrotherapy experience where water dances, tension dissolves, and renewal begins. The VICHY Rain Ritual envelops you in warm cascades, combining rhythmic rainfall with therapeutic touch to awaken, detoxify, and restore.

- Seven-jet tropical Vichy rain shower
- Full-body exfoliation
- Deep hydration therapy

90 min | \$300 Per person

### OCEAN COCOON

### OUR MOST IMMERSIVE EXPERIENCE

Surrender to the rhythm of renewal. Our signature full-body ritual begins with a Himalayan salt scrub to awaken your skin and spirit. Inspired by the pulse of the ocean, each moment flows into the next, culminating in a hydrating facial boost and grounding scalp therapy. It's more than a treatment; it's a wave of wellness that leaves you radiant, inside and out.

90 min | \$310 Per person

### SPA CABANA

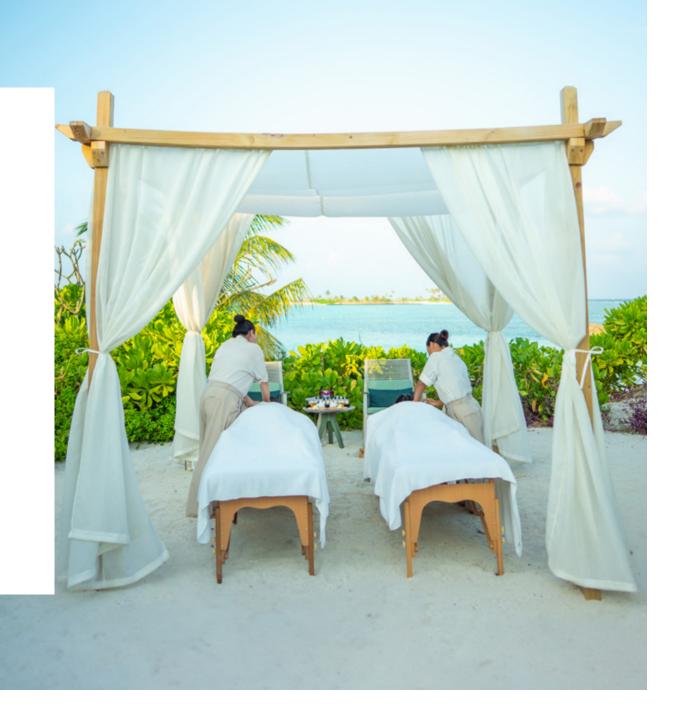
Let the sea be your soundtrack. Slip into serenity with a beachfront couple's massage in our open air cabana. Surrounded by breeze, ocean views, and the sounds of the waves, this, sensory, and unforgettable.

#### **OUR CABANA JOURNEY INCLUDES:**

- Welcome drink & chilled face towel
- Foot ritual before your massage
- Full body massage (60 or 90 min)
- Sparkling wine & tropical refreshments
- 30 minutes complimentary use of steam, sauna & vitality pool

60/90 min | \$360/\$420 Per person 60/90 min | \$620/\$740 Per couple

Advance booking required.
Subject to weather & availability.
Rates are subject to 17 % GST and 10 % service charge.





### MASSAGE RITUAL

Unwind, recharge, and let tension melt away. Our massage therapies blend expert touch with soothing aromas to restore balance, ease stress, and leave you floating in bliss

### GLOW TOGETHER

A shared journey into bliss. Start with our Vichy Rainforest water therapy and follow with a synchronized full-body signature massage. Designed for intimacy, celebration, or reconnection.

120 min | \$650 Per couple

### **BOTANIC ISLAND**

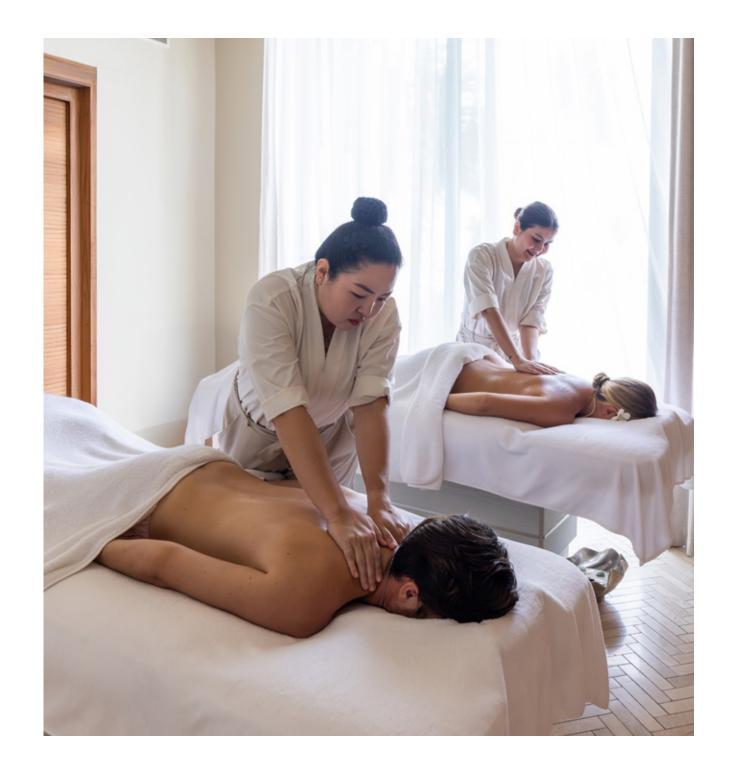
A powerful blend of hot stones and deep pressure, enhanced by herbal compresses that infuse the ritual with tropical warmth and harmonious balance.

60/90 min | \$210/\$270 Per person

### HERBAL COMPRESS MASSAGE

Warm herbal bundles infused with tropical botanicals are pressed along the body in rhythmical motion. A deeply healing ritual that melts tension, restores balance, and awakens island serenity.

60/90 min | \$220/\$280 Per person





### MOTHER'S EMBRACE

Nurturing touch for expecting guests. This gentle prenatal massage (from 4 months onward) eases back tension, improves circulation, and supports total wellbeing for both mother and baby.

60/90 min | \$200/\$270 Per person

# AROMATHERAPY CANDLE MASSAGE

Luxuriously melted candle oil glides over the skin, lavishing it with nourishment while enveloping the senses in a cocoon of warm, fragrant bliss.

60/90 min | \$210/\$270 Per person

### ISLAND HEAD SPACE

Surrender to stillness with a deeply focused head, neck, and shoulder massage rooted in the wisdom of Indian acupressure.

45 min | \$150 Per person

### FACIALS

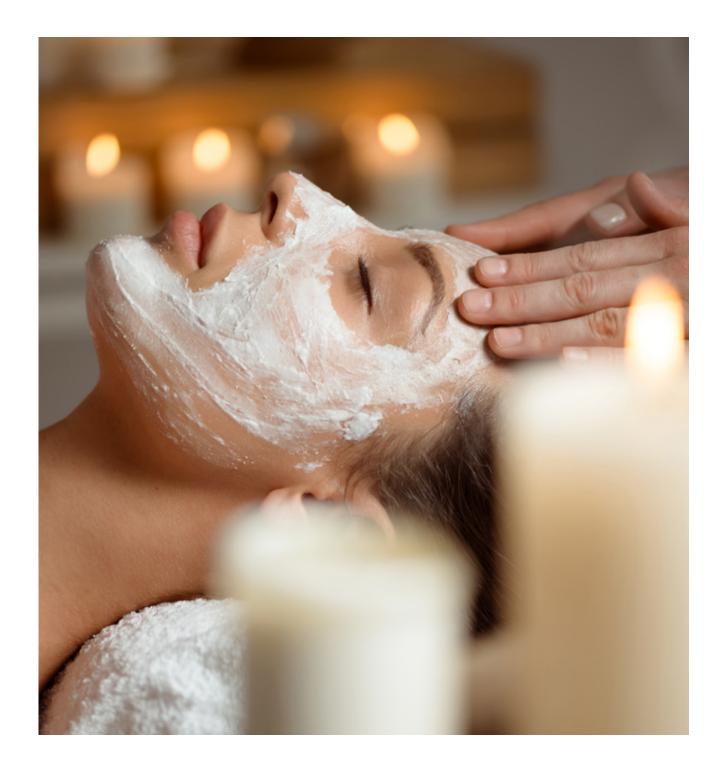
Refresh, illuminate, and let your skin breathe. Our facials blend nourishing botanicals with expert care to restore your natural glow, leaving you radiant, relaxed, and renewed.

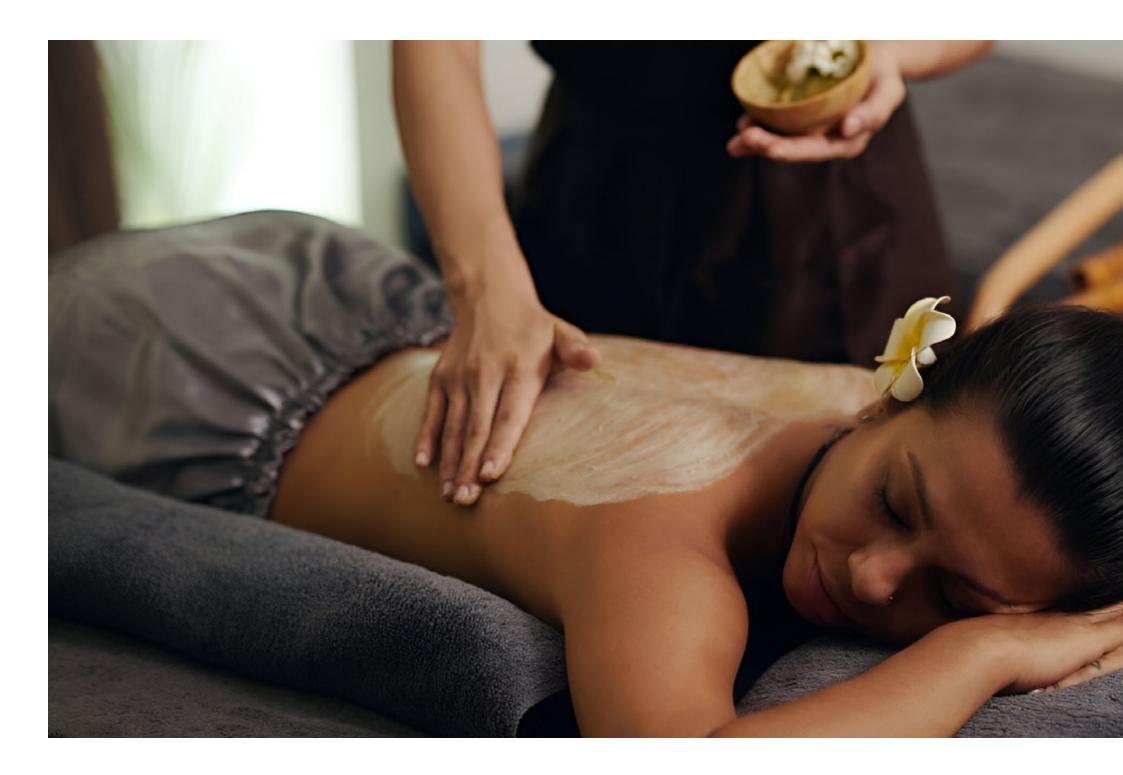
### THE FACIAL EDIT

### CHOICE OF CODAGE OR MORINGA

No templates, just tailored skin care. Includes deep cleansing, exfoliation, and customized serums. Choose between Codage or Moringa to perfectly nurture your skin's unique needs.

60/90 min | \$240/\$290 Per person







### BODY EXPERIENCES

Reconnect with your body's natural rhythm. Our bodywork therapies combine restorative techniques and mindful touch to release deep tension, enhance circulation, and support holistic healing, leaving you balanced, grounded, and renewed.

### STELLAR SCULPT

A dynamic detox massage using lymphatic techniques. Contours the waist, thighs, arms, and hips while improving circulation and boosting the immune system. Expect visible results and a brand-new feeling inside and out.

75 min | \$250 Per person

### MALDIVIAN CLAY RENEWAL

Wrap your body in warm clay rich in minerals. Designed to purify, rebalance, and smooth your skin after days in the sun or sea. Finished with a nourishing tropical oil massage.

60 min | \$175 Per person

### AFTER-SUN RESCUE

A gentle cooling treatment using pure aloe vera wrap and deep hydration therapy to soothe and calm sun-kissed skin. The perfect remedy after a day of Maldivian sunshine.

60min | \$175 Per person

### ISLAND RADIANCE SCRUB

A tropical polish with your choice of fresh coconut or coffee with creamy yogurt blended fresh daily. Smooths, hydrates, and refreshes your skin naturally.

60 min | \$175 Per person

# MANICURE & PEDICURE

Pamper your hands and feet with precision and polish. Our manicure and pedicure treatments blend expert care, luxurious products, and a touch of indulgence to leave you perfectly groomed and utterly refreshed.



# DELUXE MANICURE OR PEDICURE

Full nail shaping, cuticle detail, exfoliation, massage, and polish luxurious and lasting.

\$150 Each session

## EXPRESS MANICURE OR PEDICURE

Cleanse, shape, polish the perfect refresher.

\$90 Each session





# SOUND & ENERGY

Tune into tranquility. Through vibrational therapy and energy balancing, our sessions harmonize body and mind, helping you release tension, restore inner alignment, and reconnect with your highest self.

### CHAKRA SYNC

Restore inner harmony with 7 Tibetan singing bowls deep vibrations, subtle realignment.

60 min | \$180 Per person

### SONIC RESET

Targeted energy release with sound wave frequencies and guided touch. Ideal pre- or post-massage.

30/45 min | \$110/\$150 Per person

### ADD-ONs

Elevate your experience with curated extras designed to enhance every ritual. Whether it's a tensionreleasing scalp massage, a revitalizing eye treatment, or nourishing hand therapy our add-ons offer a touch of luxury that makes all the difference

### LED LIGHT BOOST

Targeted light therapy to enhance your treatment results.

30 min | \$140 Per person

### EYE LIFT & GLOW

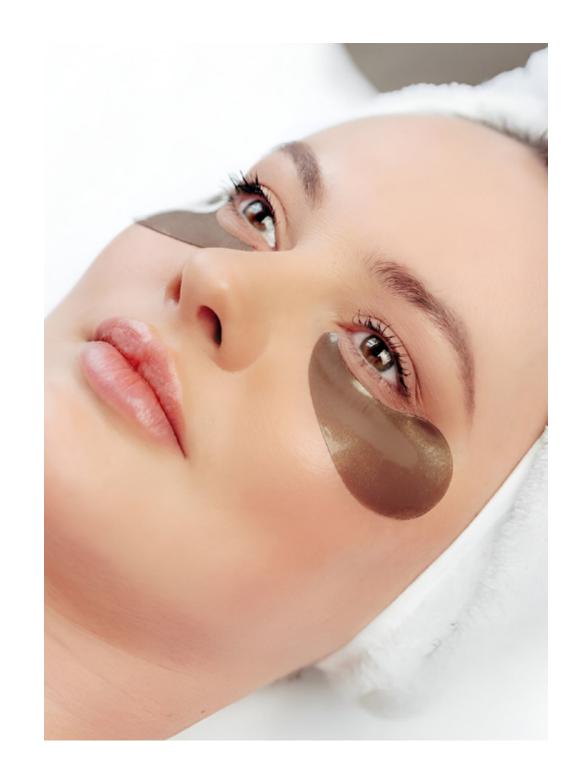
Focused care for the delicate eye area.

30 min | \$140 Per person

### CRYO OR HEAT GEL RELIEF

Temperature therapy to soothe and enhance recovery.

15 min | \$55 Per person





### VITALITY SPOT MASSAGE

Quick yet deeply restoring. Focused relief on either:

- Back, neck, shoulders
- Feet

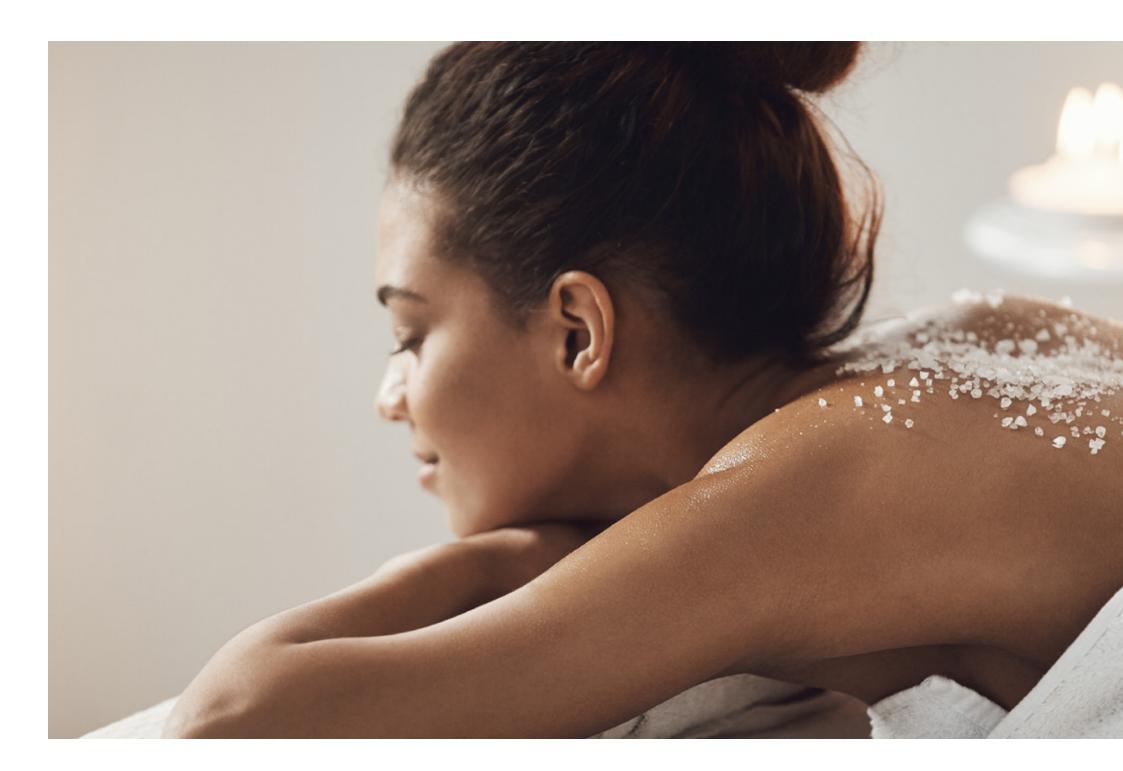
30 min | \$110 Per person

### ADD ON BOOST

Enhance your main ritual with a tailored touch.

- Mini Facial
- OR Body Massage

30 min | \$90 Per person





## WELLNESS JOURNEYS

Embark on a path of mindful transformation. Our wellness journeys are thoughtfully curated to guide you toward inner harmony, physical renewal, and emotional balance through holistic rituals that nurture every layer of your being.

### IMMERSION PACKAGES

TAILOR YOUR HEALING DAY BY DAY. (TWO HOURS PER DAY)

### PACKAGE OPTIONS

- 3 Days | \$650 Per person
- 5 Days | \$950 Per person
- 7 Days | \$1350 Per person

#### DAILY CHOICE OF:

- Body Massage
- Facial
- Body Scrub
- Sound Meditation

### KIDS RITUAL

A gentle escape crafted just for little ones. Our kids' spa rituals blend soothing touch, natural ingredients, and playful calm to nurture growing bodies and spark joy—because wellness starts early, and relaxation is for all ages.

### FOOT & HAND

A soothing mini-spa experience designed especially for our youngest guests.

30 min | \$55 Per kid

### HEAD MASSAGE WITH COCONUT OIL

A calming scalp treatment using pure coconut oil to nurture and relax.

30 min | \$70 Per kid





# WELLNESS ACTIVITIES

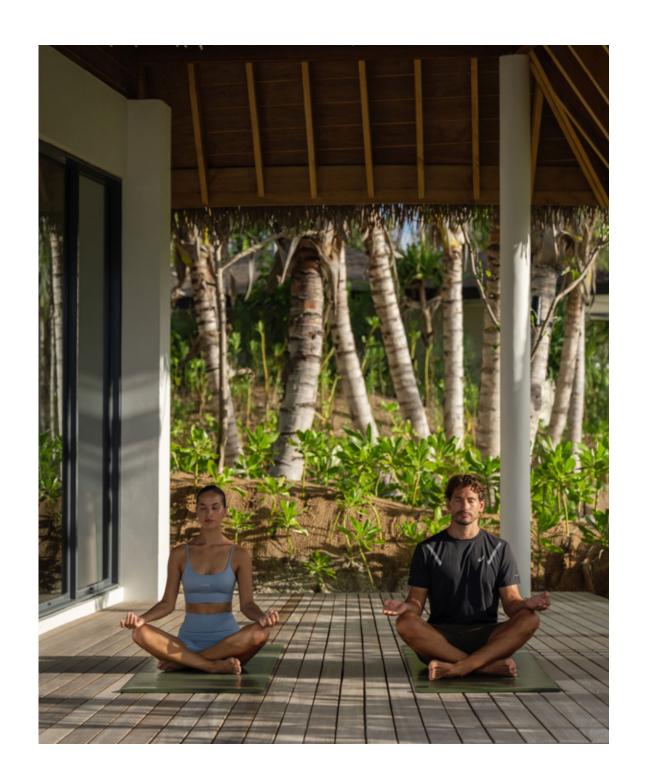
Available in our beachfront pavilion or wellness garden. Styles include Hatha, Yin, Aqua, Prenatal, and more.

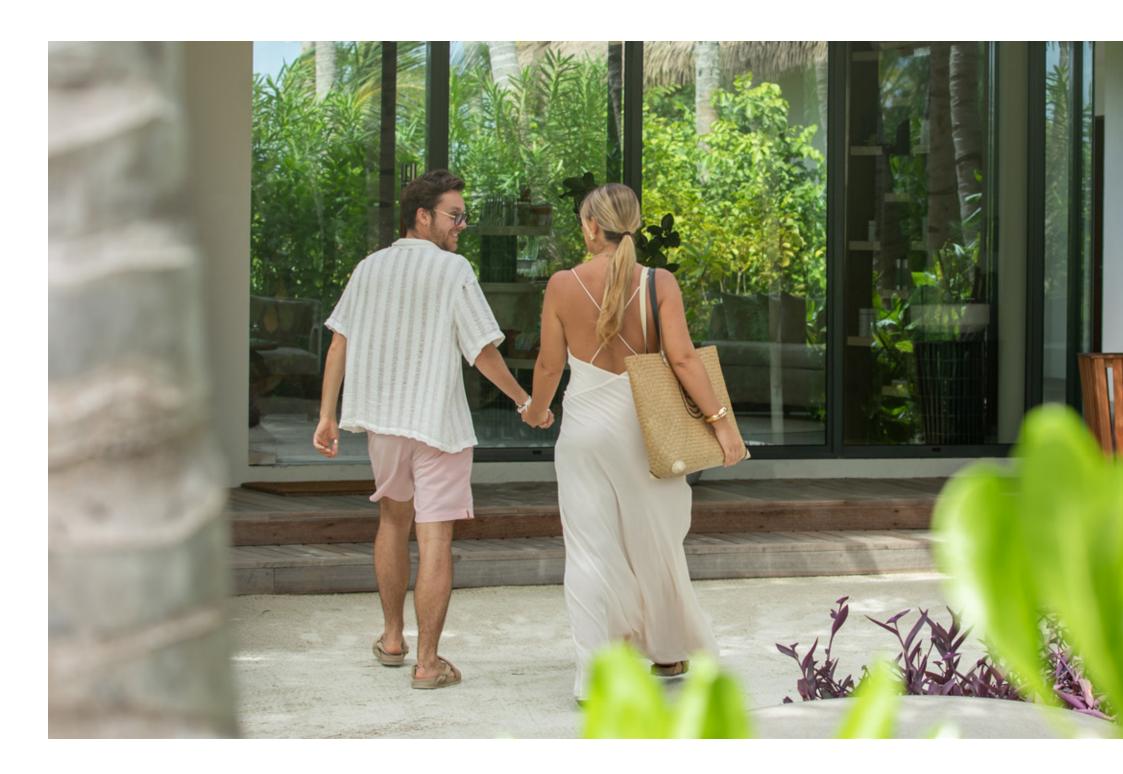
### **GUIDED MEDITATION**

Single - \$110 | Couple - \$150

### PRIVATE YOGA

Single - \$110 | Couple - \$150







### RESET RITUALS

Enjoy Steam, Sauna, Vitality Pool, Showers & Herbal Tea

# SPA ETIQUETTE

#### **ARRIVAL**

Please arrive 15 minutes early to relax and complete your consultation.

#### **ATTIRE**

Swimwear required in shared areas. Robes and slippers are provided.

#### **QUIET ZONE**

Please keep mobile phones on silent for a serene spa environment.

#### **CANCELLATIONS**

Notify us 4+ hours before your appointment to avoid a 50% charge. No-shows will be charged in full.

### **AGE POLICY**

Spa is for guests aged 18+. Teens (3–17) may book selected treatments with an accompanying adult.

Menu imagery is for illustrative purposes.

### CONTACT & BOOKINGS

Visit the spa reception or dial **SPA** from your villa phone

SO/ Maldives, Emboodhoo Lagoon +960 664 9100 | SO.Maldives.Reservations@so-hotels.com so-maldives.com

With only 4 treatment rooms available, we recommend booking your SPA experience in advance