

# SPA MENU



# SALON C. STELLAR

Where ancient wisdom meets modern science.



## Astro Facial by Salon C. Stellar

75 min - \$285

The Astro Facial is a fusion of advanced skin health and astrology. This radical collaboration combines personalised skin health with elements of astrology, creating a truly unique and transformative treatment that brings a multidimensional approach to well-being. The experience seamlessly integrates a scientifically-led approach with neurocosmetics, acknowledging the intricate connection between the brain and skin. With carefully selected ingredients including your own personal Zodiac Face Oil, advanced technology and a meditative light trip which guided Astro audio journey, this treatment addresses skin health concerns whilst promoting relaxation, rejuvenation and a little bit of woo.

## The Best Massage by Salon C. Stellar

60 / 90 min - \$210 / \$270

The Best Massage therapy session will be uniquely designed in consultation with you - opt for invigorating or deeply relaxing. Employing techniques that include but are not limited to deep, light touch, sports, lymphatic and relaxing massage this is for anyone wanting to improve general well being. This can be relaxing, rigorous or a combination of all targeting specific concerns to you on the day.



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## Indian Head Massage

45 min - \$150

Our Indian Head Massage is a 45-minute escape into pure relaxation and rejuvenation. This ancient practice, adjusted to your preferences and cultural considerations, encompasses the head, neck, arms, shoulders, and face, allowing you to experience a harmonious blend of acupressure techniques that soothe both body and mind. Whether you choose to keep garments on or prefer an authentic approach, our skilled therapists will tailor the experience to your comfort level. For those seeking the utmost privacy and convenience, this exquisite treatment can also be delivered from the comfort of your guest suite. Immerse yourself in this relaxing journey and discover the profound benefits of our Indian Head Massage, leaving you feeling refreshed, revitalized, and deeply relaxed.

## The Best Facial by Salon C. Stellar

60 or 90 min - \$240/\$290

Allow us to introduce you to your new ride or die facial, The Best Facial. Whilst your therapist will consider your skin's history and your goals, this one-of-a-kind facial is equally tailored to how your skin is behaving on the day. With 10 different modalities at their fingertips, our aesthetic wizards use their deep cleansing, exfoliating, extracting talents, with a little help from ancient wisdom and modern science, to give your skin the mix of relaxation and tailor-made functionality it needs to look its absolute best. Not changed, just beautifully enhanced. We don't have a 'one-facial-suits-all' policy here, so this really is the most bespoke of all bespoke facials. \*\*\* can be tailored for expectant mothers

## LED Light Trip by Salon C. Stellar

30 min - \$140

The power of light! LED phototherapy is the application of controlled levels of red, blue and near infrared wavelengths into the skins deepest layers to energise our cells. Skin cells that are energised function better and can regenerate up to 200% faster which in turn leads to a more youthful healthy and radiant complexion. Each wavelength of light is absorbed by a different target to stimulate specific skin enhancing processes Our LED machine is perfect for post sun skin, acne, rejuvenation, pigmentation and redness. The articulated LED array enables treatment for the face, head and body.

## Stellar Remodel by Salon C. Stellar

75 min - \$250

THE firming, cellulite-busting, body-sculpting, detoxing, deep-tissue, lymphatic drainage massage that means business. As well as improved blood circulation and better bowel function on the inside, the results of this on the outside are just glorious (you know, if you like looking beautifully contoured and all that). It's thanks to some vigorous lymphatic techniques that – bing-bong - may not replicate the typical send-you-to-sleep massage you're used to. But when there's work to be done on draining fluids and toxins, as well as the reshaping of body contours like the abdomen, waist and buttocks, who needs to feel zen eh? Targets localised fat and cellulite for remodelling and defining, improves circulation, reduces fluid retention, improves bowel function, boosts immune system and generally makes you feel brand new.

# CODAGE

## PARIS

### SKINCARE IS SCIENCE, CODAGE IS THE FORMULA

CODAGE Paris takes a Contemporary Apothecary approach to skincare, with expertise inherited from the traditional French pharmacy, and adapted to decode each individual's skin needs. CODAGE combines a mastery of active ingredients with intentional and accurate gestures to deliver a guided, bespoke experience that combines effectiveness and know-how. All CODAGE's treatments are personalized to provide targeted solutions and are thus suitable for both women and men.

Founded in 2010 by brother & sister duo, Julien & Amandine Azencott, CODAGE is a vertically integrated company with its own laboratory in the South of France. Truly committed brand, CODAGE's skincare is clean, vegan, personalized and natural with highly effective formulations offering optimal tolerance.

*Each beauty is unique, each deserves its own formula, its solution, its CODAGE.*

# CODAGE

## PARIS

### CODAGE SIGNATURE EXPERIENCES

CODAGE Signature Experiences are face & body combined treatments to unveil the unique expertise of CODAGE and its luxurious and personalized approach to beauty and wellness.

### THE SPA BY CODAGE EXPERIENCE

150 min - \$ 400

This treatment ritual is an initiation to the exclusive CODAGE spa experience. Structured in 3 acts, it offers a relaxing sensory journey and integrates a unique and entirely personalized cosmetological expertise. A full body scrub, full personalized body massage and a signature tailor-made facial will be offered to allow you to discover the world of CODAGE treatments and to get a new skin from head to toe.

### THE HAUTE COUTURE EXPERIENCE

120 min - \$ 340

Icon of Maison CODAGE, this holistic face and body treatment is entirely personalised according to your desires and needs. All the excellence of CODAGE cosmetology and the know-how of our therapists will be used in this exceptional treatment composed of both couture face and body experiences. Vitality, radiance and serenity are the key words of the Haute Couture Experience.

### THE WELCOMING EXPERIENCE

90 min - \$ 280

This treatment ritual clears away the fatigue of travel and instantly sets you into beauty & wellness. A regenerating leg, back and neck massage relieves fatigue and muscle tension. A facial treatment erases the effects of the jetlag and reveals the radiance of your skin.







## CODAGE FACE EXPERIENCES

At the heart of our facials, the CODAGE Cellular Workout™: performed using cocktails of highly concentrated active ingredients, this personalized facial gymnastic is a combination of massage techniques that stimulate the 40+ facial muscles, lifting, toning and improving the circulation and lymphatic drainage for glowing skin and immediate visible results.

## CODAGE BODY EXPERIENCES

At the heart of our body massages, the precision of gestures derived from ancestral know-how combined with our Haute Cosmetology products which make the excellence of Maison CODAGE guarantee a result of beauty and a feeling of ultimate well-being. Massage pressures & techniques are always adjusted by body zones according to your needs and preferences.

## THE BODY COUTURE EXPERIENCE

60 or 90 min - \$ 220 / \$ 280

A personalized full body massage with a curated selection of skincare products (serums & oils) and techniques, chosen individually for each area of the body according to your needs and or/your preferences.

## EXFOLIATING BODY MASSAGE

60 min - \$ 180

A luxurious exfoliation ritual with relaxing massage techniques using a synergy of premium oils with iconic CODAGE exfoliating balm made of organic rice and brown sugar particles. Your skin is smoothed, perfectly moisturised and regains its softness, while promoting true relaxation.

## THE FACE COUTURE EXPERIENCE

60 or 90 - \$ 230 / \$ 280

An ultimate facial treatment bringing the iconic expertise of CODAGE facialists and skincare specialists. After a double cleansing and a complete exfoliation of the skin, the CODAGE Cellular Workout™ is performed using personalized serum mixology. We'll infuse your skin with powerful active ingredients while performing facial massage techniques and acupressure manually and with special tools\* to reveal your unique skin beauty and a unique feeling of well-being.

*\*gua sha tools used only in the 90' experience*



# CODAGE ADD ON

Massage supplement 30 min  
Express personalized facial according  
to seasonal needs.

Single treatment    \$140  
Add on                 \$90

# BODY EXFOLIATION

30 min - 140

A Body Scrub to regain perfectly  
smooth and soft skin.

# HYDRATING BOOST

30 min - 140

Thirst-quenching and soothing  
express facial treatment.

# CELLULAR WORKOUT

30 min - 140

Personalized facial gymnastic with  
manual massage techniques to  
redefine your features.

# EYE LIFT & GLOW

30 min- 140

Complete eye contour treatment,  
performed with serum, patches,  
manual massages and treatments  
spoons.









SPA & WELLNESS EDIT - THE BODY EDITION - SPA ROOM COUPLE

## SPA & WELLNESS EDITS

### *The Body Edition*

#### HOT STONE MASSAGE

90 min - \$280

As its name suggests, a hot stone massage is a treatment using heated stones. The heat from the stones penetrates through muscle to open your blood vessels and promote a deeper massage. As this happens, blood flows more freely through your body for better circulation. The warmth you feel on your body will help relax your mind, too. Stress and anxiety are quickly forgotten with this restorative heat-based massage.

#### MOTHER TO BE MASSAGE

60/90 min (from 4–6 months)

\$200 / \$270

Most importantly, pregnancy massage is done by a specialist who understands the physiological changes that occur in the body during the pregnancy. The Mother To Be massage uses gentle and supportive techniques to target specific areas of discomfort, such as the lower back, hips, legs, and shoulders from the specialist and understanding therapists.

## AROMATHERAPY CANDLE MASSAGE

60/90 min - \$210/\$270

The aromatherapy candles created with pure essential oil, soy butter, jojoba, vitamin A, E to nourish and replenish moisture to the skin. A warm aromatic candle massage is the ideal way to beat stress, calm your nerves and balance your mind. It is a great way to relieve you from stress, sleeplessness, and promote relaxation. An unforgettable therapeutic spa experience.

## AFTER SUN SOOTHING

60 min - \$175

Aloe Vera gel is a soothing, cooling and calming treatment and specifically designed to care for the skin after sun. It helps to soothe and hydrate the skin after sun exposure, which can help reduce the risk of peeling and skin damage. Followed by After Sun Rescue, it will soothe the skin and prepare it for moisturisation.

## BODY CLAY MASK

60 min - \$175

Still today, the practice of clay therapy is present. Many people suffer from skin issues today, and this is usually down to the exposure to a wide range of toxins, stress and environmental pollutants. Most of these imbalances come down to these three primary issues, all of which can be remedied with the application of clay topically to the skin.

## RENEW · NOURISH · RELAX

60 min - \$175

Time to renew yourself. Sink into this indulging treatment and re-emerge with amazingly soft, supple skin. Feel the exfoliating magic of Dead Sea salt crystals and rice powder and the sumptuous nourishment of a delightful body mask and oil of your choice. An extraordinary journey that leaves your skin revived, hydrated, ultra- smooth, and illuminated.

## ADD ON

### CHILL-OUT

15 min – Cryo gel - \$55

Instant chilled relief for tired areas. We can't take trouble away, but we can help your body unwind. After a long day's work, a challenging gym session or too much stress...immerse yourself in zingy freshness and invigorate your skin.

### SOME LIKE-IT HOT

15 min – Warming gel - \$55

Immediate warm-comfort for stressed areas. Localized heat melts away the stress after physical exertion to leave your body feeling relaxed, limber and at ease.

### A QUICK TREAT

15 min – Inhibit V Neck mask - \$55

A quick firming & lifting fix for your neckolette. Masks multiply the benefits of any treatment. Add in this rejuvenating option to experience extraordinarily radiant neck or decolette.



Advance reservations required.

Rates are quoted in US Dollars and are subjected to 16% GST and 10% service charge.



SPA & WELLNESS EDIT - THE BODY EDITION - FACE EDITION

## SPA & WELLNESS EDITS

*The Face & Body Edition*

### CURATED SPA DAY

180 min - \$420

Unwind and awaken your senses with a special spa journey designed by you. As life renews itself continuously, each guest is offered the ultimate wellness experience in paradise to balance inner harmony, rejuvenate the body and achieve peace of mind.

# HOLISTIC

150 min - \$420

60 min Bespoke exercise programs followed by 90 min Sound Massage

Resident and visiting wellness practitioners offer bespoke holistic treatments and exercise programs focusing on creating a positive effect on your health and wellbeing. This is followed by a sound massage using Tibetan Singing Bowls to help to balance your chakras and to promote a state of tranquility to retune your body, mind and spirit, encouraging relaxation and healing.



SPA & WELLNESS EDIT - SOUND MASSAGE

# GLOW SESSION

120 min - \$650 per couple

60 min Vichy Pampered followed by 60 min The Best Signature Massage

This relaxing spa ritual begins with a luxury private Vichy session. This unique therapy rejuvenates and smooths your skin. Then why not indulge in a blissful couples experience with The Best Body massage. Our signature massage has been designed for overall relaxation - it's what your body ordered.

# MORINGA REJUVENATE FACIAL

60 min - \$ 220

A unique rejuvenating facial treatment, using our signature Pure Moringa Oil that has healing benefits. Incorporating the use of a Clear Crystal Gua Sha and finger massage to improve elasticity, reduce appearance of fine lines, naturally 'lift' and bring back the 'glow'. The treatment includes a cleansing, toning and gentle jasmine rice scrub. After, a brightening moringa clay mask and the use of an ancient technique of Gua Sha to detox the skin and improve skin health.



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# MIRACLE MORINGA LIMITED EDITION

120 min - \$ 330



SPA & WELLNESS EDIT - THE BODY EDITION - MIRACLE MORINGA LIMITED EDITION

The treatment combines our Rejuvenating Facial and Miracle Moringa Massage for the ultimate experience to feel revived, refreshed, and glowing. It combines 2 powerful healing elements, Moringa and Clear Quartz Crystal, a “master healer” because it amplifies positive energy, in order to create a unique healing treatment that stimulates the immune system and restores balance to your body. Features a Moringa foot bath to soak away your tension, a body scrub,

and ends with a body massage and facial using the ancient technique of ‘Gua Sha’ to scrape away toxins, improve blood circulation, relieve muscle tension and give you a natural face lift and glow. Treatment includes a cleansing, toning and gentle jasmine rice scrub. After, a brightening moringa clay mask and the use of an ancient technique of Gua Sha to detox the skin and improve skin health.



# VICHY RAINFOREST SHOWER EDITION

Vichy Rainforest Shower experience is an indulging combination of rain shower and Hammam to prepare the body for the invigorating body scrub. A cascading Rain Shower uplifts your senses and is an ideal prelude to the body treatment that follows. Vichy treatment will make you enjoy the pampering as you unwind and relax on the comfort of your treatment bed.

## SPRINKLE VICHY SHOWER FOR HER

90 min - \$300

Our therapists will then beautifully apply a luxury COCO-Rose body scrub to slough away dead skin cells, as you unwind to the sensory pleasure of the trickling Rain Shower that embraces you with 7 shower jets from above your Rain Shower Bed.

More indulgent comfort comes with COCO - Rose body conditioner along with the Edition hair care treatment. Your experience is enhanced when we remineralise the skin, helping it regain its natural moisture balance and silky softness.

## DELIGHT VICHY SHOWER FOR HIM

90 min - \$300

This water treatment is a luxurious way to detoxify, hydrate and relax. Relax on the relaxing bed with Vichy shower jets to experience the body wash, foliation and full body conditioner with aedit of Hammam Cray products.

Rejuvenating your body with spot massage provides a relaxing and calming wet body treatment to make you feel extremely pampered.

Advance reservations required.

Rates are quoted in US Dollars and are subjected to 16% GST and 10% service charge.







# SPA & WELLNESS EDITS

## *The Healing Edition*

### ENERGY ENHANCING

*(7 Full Moon Singing Bowl)*

60 min - \$180

Awaken the chakra energy with precious healing oils that activate the body's subtle energy flow. Enhanced with the restorative sound vibration from Tibetan singing bowls that resonates with the body fluid, the body's energy is cleansed and rejuvenated. This treatment helps to slow down the busy mind and able to rest the mind to a pre-meditation experience.

### SOUND AWAKEN

45 min - \$150

Release the tiredness and worries that have been accumulated for a long time with the power of sound waves from Tibetan Singing Bowls. The sound will help balance life energy and when it is combined with specially designed massage techniques of Spa, Your life energy will be fully recharged once again!

### SOUND RELEASE

30 min - \$110

When the body is in a state with every frequency or unbalanced for a long time, a fascia will be formed in common areas such as shoulders, back, or waist, causing it hard for the energy to circulate. Vibrations of the Tibetan Singing Bowl, together with a massage from the therapist, will help solve this problem, making you feel relaxed and noticeably lighter.

\*\* Recommend to combine this session with any treatment \*\*

Advance reservations required.

Rates are quoted in US Dollars and are subjected to 16% GST and 10% service charge.



# SPA & WELLNESS EDITS

## *Facilities Edition*

120 min - \$50

It's an invitation to explore, our edition wellness facilities provide the best base possible, our wellness experts can then personalize and advice the treatments, activities for best way retreats.

The wellness facilities edition provides you the steam and sauna with separate area for female an male. Our steam and sauna are always recommended to use before a massage initiates a synergistic rapport and adds to the ability to cure of wide range of internal and external pain and illness syndromes, besides being deeply restorative for the mind and the emotions.

Perfectly ending wellness facilities edition with Vitality Pool to offers therapy for aching muscles, skin detoxification and the body's blood circulation as well as calming your busy minds.

- **STEAM BATH**
- **SAUNA**
- **VITALITY POOL**



Advance reservations required.

Rates are quoted in US Dollars and are subjected to 16% GST and 10% service charge.



## DELUXE PEDICURE OR DELUXE MANICURE

\$150 per single

It's time to get ready for the season with a Deluxe Pedicure & Manicure they are great for moisturizing dry skin, and exfoliating. A Deluxe Pedicure and Manicure is not just about taking care of your Hands and feet but it is all about indulging yourself in luxury. (Nail shellac or Basic Nail polish included)

## EXPRESS PEDICURE OR EXPRESS MANICURE (without nail color)

\$90 per single

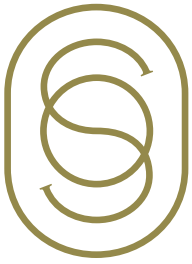
A quick fix of your hands and feet with Express Manicure or Pedicure. For those on the go, this treatment includes cuticle tidying, nail shaping, and moisturizer.

### Additional Treatments

- Basic Nail Polish  
15 min - \$35
- Nail Shellac  
30 min - \$45
- Gel Removal + Basic or Shellac Nail Color 60 min - \$60

Advance reservations required.

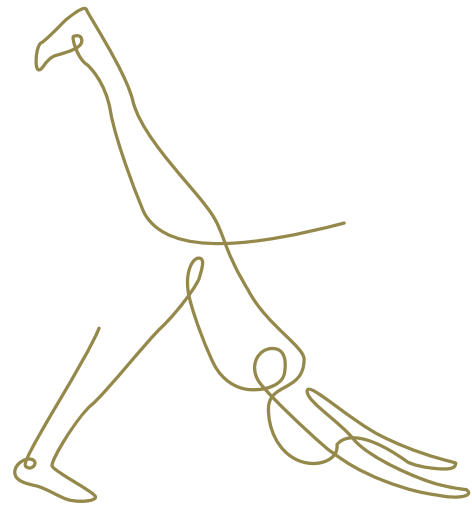
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## YOGA

**\$110 Single**  
**\$150 Couple**

Hata yoga  
Beginner yoga  
Prana yoga  
Sivananda yoga  
Iyengar yoga  
Power yoga  
Ashtanga yoga  
Aerial yoga  
Yin yoga  
Hot yoga  
Prenatal yoga  
Advance yoga  
Aqua yoga



## PERSONAL TRAINING

**\$110 Single**  
**\$150 Couple**

dancing Aerobic  
Thaibo aerobics  
Aqua aerobics  
Circuit training  
Resistance training  
Manual stretching  
Static stretching  
Isometric endurance training

## MADITATION

**\$110 Single**  
**\$150 Couple**

Yoga meditation  
Yoga nidra  
Guided meditation  
Om kara meditation  
Breathing meditation  
Samatha meditation  
Kindness meditation



# SPA EXPERIENCE SEQUENCE

## ACCESS

Gym, Vitality pool, spa changing, and relaxation areas are available within The Spa. To maintain a relaxing atmosphere, these facilities are accessible to all resort guests, with a certain capacity at a time.

## AGE

Our wellness area is an adult-only sanctuary therefore guests must be 18 years old and above to access it. Younger guests between 3 to 17 years old must be guided by parents or other adults for treatment. Should you require assistance with childcare, please allow us to assist you in making arrangements prior to arriving for your treatment.

## SCHEDULING OF TREATMENTS / SERVICE

Making spa treatment reservations well in advance is recommended, please contact us at The Spa. Allow enough time for your visit. Plan to spend at least 15 min in order to complete guest profile and health assessment form.

## SELECTION OF TREATMENTS / PACKAGES

We are delighted to guide you to the most desirable treatment and therapist. Share your goals with our guest services representative and they can assist you in making the best possible decision. Choosing the right sequence may enhance your experience.

## ATTIRE

The Spa offers changing facilities where bathrobes, slippers, and disposables are provided. As nudity is not permitted in the Maldives, we respectfully request that you wear a bathing suit to use The Spa at all of your time during using our facilities. We recommend that you leave all jewelry in your suite or villa before coming to the spa.

## CANCELLATION

Please advise us no less than 4 hours prior to your scheduled treatment time. If you are unable to cancel as stated, please understand that a fee will be applied of 50% of the scheduled services. If you cancel within an hour of your scheduled treatment or miss your appointment, the full price of the services will be charged.

## ETIQUETTE

Our environment is designed for tranquility, peace, and serenity. We ask that you do not use your mobile phone or other electrical equipment which may disturb other guests.

## GIFT VOUCHER

If you would like to purchase a gift voucher for someone special at The Spa for any treatments or monetary value, please let us know. Monetary value vouchers may be redeemed for any services or retail products available.





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