

### YOUR

# ESCAPE FROM THE

## ORDINARY BEGINS HERE

Experience an exceptional collection of facial, body and beauty treatments that transcends the corners of science, fashion and lifestyle.

Our treatments are carried out exclusively with natural and highly effective products from Saint Charles Apothecary.

## SENSATIONAL SKIN SESSIONS

Feel real good from the inside out. Take your choice. Change the game.

For facial treatments, we use the natural cosmetics line "Herbal Apothecary Facecare", from Saint Charles Apothecary. The cosmetic line is based on a fusion of the healing knowledge of traditional European medicine and sound scientific findings.

#### HERBAL CLEANSING TREATMENT

60 minutes / € 125 90 minutes / € 170

This pampering ritual uses a Herbal Cleansing Ritual for gentle skin cleansing, accompanied by a unique fragrance of natural aromatic oils, promoting holistic relaxation.

#### HERBAL BALANCING TREATMENT

60 minutes / € 125 90 minutes / € 170

Our Herbal Balancing Ritual offers targeted skin care, ideal for dry skin or imbalances, incorporating selected aromatic oils and harmonizing massage elements.

#### HERBAL REFRESH TREATMENT

60 minutes / € 125 90 minutes / € 170

This all-round revitalizing treatment is all about noticeably regenerating and refreshing the skin. The Herbal Refresh Ritual uses a massage technique and a nourishing face and eye mask to revitalize both skin and mind.

#### HERBAL RELAXING TREATMENT

60 minutes / € 125 90 minutes / € 170

This treatment focuses on body and mind relaxation, facial muscle relaxation, and inner calming.

## BOOST YOUR BODY

Our treatments are individually tailored to your needs and are designed to help you achieve wellbeing and balance.

#### HOLISTIC LUXE BODY TREATMENT

60 minutes / € 125 120 minutes / € 210

From head to toe, we pamper you with carefully selected massage elements and gentle strokes along the meridians to invigorate your senses and balance your energy centers.

#### DETOX BODY TREATMENT

60 minutes / € 125

Our Detox Body Treatment is a rejuvenating treatment that revitalizes the skin and purifies the body from the inside out. It begins with a dry brush massage, followed by a zeolite pack, and a nourishing cream for skin care and overall well-being.

#### MAGNESIUM SPORT TREATMENT

30 minutes / € 70

The Magnesium Retreat treatment is a holistic treatment that targets muscle tension and pain, improving circulation and oxygenation. It promotes whole-body regeneration, targeting individual tension sources. The Saint Charles Magnesium Gel Sport, enriched with peppermint and orange essential oils, provides cooling and muscle relaxation.

#### ANTI AGEING BODY TREATMENT

60 minutes / € 125

A treatment for firmer, fresher skin. It starts with a contour massage, followed by an invigorating peeling. Relax with a gentle massage for regeneration. Our highly effective anti-aging pack nourishes intensively, while special care moisturizes and leaves the skin silky smooth.

#### MAGNESIUM RELAX RETREAT

60 minutes / € 125 90 minutes / € 170

Immerse yourself in a world of calm and regeneration as our specially designed treatment aims to absorb the power of magnesium through your skin. Feel your body being revitalized and a sense of balance spreading through your core.

#### HOT STONE MASSAGE

60 minutes / € 125 90 minutes / € 170

A ritual treatment deeply relaxing, nourishing and sensorial, thanks to the use of hot basalt stones and our unique collection of essential oils.

EXTRA LOADED

60 minutes / € 125 90 minutes / € 170

For the man or woman who doesn't tiptoe around. Our concentrated therapy is designed to relieve severe tension in muscles and connective tissue using a deep pressure technique.

#### TAILORED SWEDISH MASSAGE

60 minutes / € 125 90 minutes / € 170

This experience focuses on personal touch. Our therapist will consult with you to determine the specific areas of focus, light to medium pressure. An excellent way to take the edge off.

AROMA MASSAGE

60 minutes / € 125 90 minutes / € 170

The remarkable and renowned therapeutic gifts of aromatherapy. This full body Swedish massage is an excellent way to recover from daily stress.

Long, relaxing movements increase circulation and effectively ease tired muscles.

#### BACK & SHOULDER RESCUE

45 minutes / € 95

Targeting the prime areas of stress and providing profound tension relief with a warm marine massage mud, accompanied by scalp and back massage, this express session will surely de-stress your muscles and release all tensions.

## REFRESH YOUR NAILS

Indulge in our spa's exquisite nail offers and let your hands and feet glow.

Because every detail counts in your journey to radiance.

NAIL RESHAPE AND SHINE

25 minutes / € 30

MANICURE PEDICURE

45 minutes / € 45 45 45 minutes / € 60

MANICURE AND PEDICURE

90 minutes / € 95

**NAILPOLISH** 

15 minutes / € 15

EYEBROW OR LASH TINTING

€ 12

EYEBROW AND LASH TINTING

€ 22

EYEBROW AND LASH STYLING

€ 30

EYEBROW PLUCKING

€ 15

#### TREATMENTS AT SO/SPA

Reservations of 30, 45, 60, 90 or more minutes have an effective treatment time of 20, 35, 50, 80 or more minutes.

#### CANCELLATION

**POLICY** 

Cancellation notice is 24 hours for outside guests and 4 hours for hotel guests. Failure to comply will result in 100% charge of the treatment booked.

#### RESERVATION

Bookings made by hotel guests directly at the SO/ Spa reception are confirmed by the signing of a reservation form. Bookings made by outside guests directly at the SO/ Spa reception need to be secured by a credit card or cash payment.

#### ARRIVAL AT SO/SPA

To enhance your spa experience, we encourage you to arrive 15 minutes prior to your treatment. Leave your cares at the door and unwind in our calming, therapeutic and relaxing environment.

SPA

30 minutes - € 70 60 minutes - € 125 120 minutes - € 210 150 minutes - € 260 45 minutes - € 95 90 minutes - € 170 50 minutes - € 260 180 minutes - € 295

## TREAT YOURSELF

A gift voucher is a chic and refined gift that suits every occasion. The SO/ Spa team is at your disposal for further information and purchase, or scan the QR code and buy your individual voucher online.



SO/

## SPA

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