

YOUR ESCAPE FROM THE ORDINARY BEGINS HERE

Experience an exceptional collection of facial, body and beauty treatments that transcends the corners of science, fashion and lifestyle.

Each journey begins with an exclusive natural aromatic welcome ritual, favoring mind-body relaxation, and combines innovative, rich in natural-origin and high-tech ingredients with bespoke application techniques and massages.

SENSATIONAL SKIN SESSIONS

Feel real good from the inside out. Take your choice. Change the game.

URBAN LONGEVITY FACIALTM

60 minutes / € 115

The perfect antidote to modern fatigue and urban lifestyle, this facial is ideal for when you feel your skin is stressed and showing the first signs of aging. Customizable to correct dullness, dehydration and first expressions of wrinkles, it deeply renews the skin and leaves it exceptionally glowing and protected.

URBAN DETOX

60 minutes / € 115

Featuring a unique peel-off mask made-up of Chlorella, the famous superfood extract. This treatment deeply cleanses and detoxifies the skin, purifies the pores and counteracts the effects of daily environmental pollution which toxify the skin and accelerate the ageing process.

TRANQUILITYTM PRO-SLEEP MASSAGE

60 minutes / € 115 90 minutes / € 160

An innovative body treatment acting on three different sensorial pathways to deliver a complete holistic well-being experience, resulting in a quieter and more peaceful mind and body state.

LET'S

TAKE THIS FACE

ON

See that face in the mirror. Your face? Put a smile on it. Naturally.

THE EDITORIAL LIFTING FACIAL

90 minutes / € 160

Give your skin the boost of radiance and plumpness it needs with this innovative re-densifying treatment. Intensive yet luxurious, this anti-ageing treatment lifts your skin and brings immediate rejuvenation.

THE DESIGNER CUSTOM-MADE FACIAL

90 minutes / € 160

Designed especially for your skin's needs. This powerpacked treatment is formulated with advanced natural ingredients and potent high-tech molecules to regenerate the skin at the deepest levels, leaving it refreshed, radiant with a youthful glow.

THE DE-CORRUPT ANTIOXIDANT RECOVERY

60 minutes / € 115

Nurture your skin and recover from the damage caused by over-indulgence, lack of sleep and sun exposure. Decadent and deeply relaxing, let the antioxidant power of Goji berry married to Macadamia oil intensively replenish your skin, leaving it soft, protected and deeply nourished.

URBAN PERFORMANCE FOR MEN

60 minutes / € 115

A personalised facial to suit the specific needs of men's skin. Age protection, re-hydration, deepcleansing, detoxification or merely to calm inflamed skin, this treatment will have your skin feeling vibrant, energised and packed full of vitamins and minerals.

BOOST YOUR BODY

There's feeling good. And there is OH YEAHHH.

BODY STRATEGIST THERAPIES

60 minutes / € 115

Body Strategist is a complete professional selection of targeted treatments to reshape the body, improving circulation and loss of tone.

BODY FIRMING THERAPY

Increase elasticity, tone and quench skin.

BODY DETOX THERAPY

Improve circulation and diminish the appearance of cellulite.

BODY REVITALIZING THERAPY

Reduce fluid retention and redefine your silhouette.

DE-STRESS
BACK & SHOULDER
RESCUE

45 minutes / € 85

Targeting the prime areas of stress and providing profound tension relief with a warm marine massage mud, accompanied by scalp and back massage, this express session will surely de-stress your muscles and release all tensions.

HIMALAYAN SALT MASSAGE

60 minutes / € 115

This ancient healing ritual begins with a soothing massage of warm Himalayan salt stones to promote relaxation and decrease stress. An aromatic oil scrub then detoxifies the body and stimulates the metabolism; followed by a warm shower and a nourishing hydration treatment. Reduces tension and restores vitality and balance.

AROMASOUL BODY POLISH

45 minutes / € 85

A unique renewing body scrub made of pure volcanic rhyolite particles from Stromboli, Sicily, deeply exfoliate while Karité Butter and Betaglucan provide intense nourishment which deeply exfoliates the skin whilst also providing nourishment, youth and splendour to all skin types.

AROMASOUL MASSAGE

60 minutes / € 115 90 minutes / € 160

The remarkable and renowned therapeutic gifts of aromatherapy. This full body Swedish massage is an excellent way to recover from daily stress. Long, relaxing movements increase circulation and effectively ease tired muscles. Each treatment begins with a personalized selection from our unique collection of aromatherapy oil based on the ancient cultures of the Orient, Arabia, India or the Mediterranean.

HOT STONE MASSAGE

90 minutes / € 160

A ritual treatment deeply relaxing, nourishing and sensorial, thanks to the use of hot basalt stones and our unique collection of essential oils.

EXTRA-LOADED

60 minutes / € 115 90 minutes / € 160

For the man or woman who doesn't tiptoe around. Our concentrated therapy is designed to relieve severe tension in muscles and connective tissue using a deep pressure technique.

TAILORED SWEDISH MASSAGE

> 60 minutes / € 115 90 minutes / € 160

This experience focuses on personal touch. Our therapist will consult with you to determine the specific areas of focus, light to medium pressure. An excellent way to take the edge off.

LACTATE BUILD-UP

60 minutes / € 115 90 minutes / € 160

An ideal massage if you are preparing for, or recovering from, intense physical activity. Using firm strokes and compression, this intense massage relaxes muscles, eases cramps and enhances performance. It helps activation blood flow and effectively move lactic acid build-up in the body

MASSAGE ENHANCEMENTS

30 minutes / € 60

Body, scalp treatment and foot quench.

GET

SET AND

GLOW

Perfect that pout. Mystify those eyes. Feel the touch. Do it.

URBAN GLOW

15 minutes / € 30

Good for all, but best for a super time-pressed urbanite in need of immediate glow or as a premakeup hydrating & luminosity treatment, this express treatment marries effective facial techniques with highly potent actives to rapidly and deeply cleanse, saturate with hydration and instils luminosity into the skin, for a visibly brighter and more youthful-looking appearance.

SMOKEY EYE, THE MORNING AFTER

30 minutes / € 60

Great before going out, but definitely required the morning-after, this refreshing eye mask will hydrate, soothe and plump your skin around the eye area - one last indulgence you must not resist. The unique technology it contains and its cooling action instantaneously reduce puffiness, lighten up dark circles and plump out fine lines and wrinkles, giving your fatigued eyes more luminosity and glow.

REJUVENATING HAND RITUAL

30 minutes / € 60

A rejuvenating, protective treatment rich in Vitamin E and Karité Butter, restoring nourishment and beauty to the hands.

RENEWING FOOT RITUAL

30 minutes / € 60

Revitalizing foot ritual with neem extract to reveal polished and smoother feet. A must before wearing your most fashionable and stylish open-toe shoe.

NAIL RESHAPE AND SHINE 25 minutes / € 30 **MANICURE** 45 minutes / € 45 **PEDICURE** 45 minutes / € 60 MANICURE AND **PEDICURE** 90 minutes / € 95 NAILPOLISH 15 minutes / € 15 **EYEBROW PLUCKING** € 15 EYEBROW OR LASH TINTING € 12 **EYEBROW AND** LASH TINTING € 22 **EYEBROW AND** LASH STYLING € 30

TREATMENTS AT SO/ SPA

Reservations of 30, 60, 90 or more minutes have an effective treatment time of 20, 50, 80 or more minutes.

CANCELLATION POLICY

Cancellation notice is 24 hours for outside guests and 4 hours for hotel guests. Failure to comply will result in 100% charge of the treatment booked.

RESERVATION

Bookings made by hotel guests directly at the SO/ Spa reception are confirmed by the signing of a reservation form. Bookings made by outside guests directly at the SO/ Spa reception need to be secured by a credit card or cash payment.

ARRIVAL AT SO/SPA

To enhance your spa experience, we encourage you to arrive 15 minutes prior to your treatment. Leave your cares at the door and unwind in our calming, therapeutic and relaxing environment.

SPA TIME

30 minutes - € 60 /// 45 minutes - € 85 /// 90 minutes - € 160 /// 120 minutes - € 195 /// 150 minutes - € 230 /// 180 minutes - €255

TREAT YOURSELF

A gift voucher is a chic and refined gift that suits every occasion. The SO/ Spa team is at your disposal for further information and purchase, or scan the QR code and buy your individual voucher online.



SO/

SPA

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